

Clinical Practice Guideline: Adult Preventive Health

Section: Quality Improvement

Original Date Adopted: 12/02/2002

Review/Revision Dates: 5/18/2012, 2/21/2014, 3/25/2015, 2/27/2017

Introduction

At AlohaCare we believe that prevention is the key to staying healthy, even throughout early and later adulthood. Individuals in adulthood experience many changes in their bodies and can be affected by different diseases related to demographics, genetics, and lifestyle factors. We encourage our primary health care providers to utilize the most current screening practices recommended by the Institute for Clinical Systems Improvement, the Agency for Healthcare Research and Quality, the U.S. Preventive Services Task Force, the American Cancer Society, and the Centers of Disease Control and Prevention. Following the guidelines provided by these institutions will help our members embark upon a healthy path along their adulthood; essential to keeping Hawaii healthy.

Physical Exam

Blood Pressure, BMI

<https://www.ahrq.gov/sites/default/files/wysiwyg/professionals/clinicians-providers/guidelines-recommendations/guide/cpsguide.pdf> (See pg. 49)

https://www.icsi.org/guidelines_more/catalog_guidelines_and_more/catalog_guidelines/catalog_prevention_screening_guidelines/preventive_services_for_adults/

Screening

Vision link

https://www.icsi.org/guideline_sub-pages/preventive_services_adults/level_iii_vision_screening_in_older_adults/

References

CDC. (2016 August 22). Center for Disease Control and Prevention, Vaccines Home, Schedules, For Health Care Professionals, Adult Immunization Schedules. Retrieved 8/31/2016 from: <http://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html>

Institute for Clinical Systems Improvement. *Health Care Guidelines, Preventive Guidelines for Adults. Twentieth Ed.* 2014.

U.S. Preventive Services Task Force. *Guide to Clinical Preventive Services, 2014*